



Love Food Central

As long time health-enthusiasts, the three co-owners of the new Love Food Central have drawn on a wealth of experience to put together a delicious menu and setting to experience food in a whole different light. Everything on the menu is dairy-free and glutenfree, including their soft serve ice cream (not to be missed) and the pulled BBQ Jack (think pulled pork that won't make your doctor shake his head). "We wanted to open a vegan and gluten-free cafe that took the guess work out of eating out for people with special diets and a place where everyone else could find affordable healthy, tasty food." says coowner Valerie Mantzoros. In addition, Love Food Central also offers several tasty salads, snacks, mains, and an array of desserts guaranteed not to disappoint. The counter service café is currently open Tuesday-Friday 11 AM-7 PM and Saturday and Sunday 10 AM-3 PM at 2057 Central Ave. (727) 317-2034, info at lovefoodcentral.com.

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